

BRUNCH

BLU
restaurant & bar

2017

SOUP OF THE DAY \$7

Chef's Daily Inspiration

PARFAIT \$5

Fresh Berries, Vanilla Yogurt, Honey Granola

SMOKED SALMON SALAD \$8

Fennel Smoked Salmon, Baby Lettuces, Hard Cooked Egg, Capers, Pistachio Vinaigrette, Bagel Chips

SHRIMP AND GRITS \$15

Local Shrimp, Geechi Boy Grits, Stewed Peppers & Onions

LUMP CRAB BENEDICT \$14*

Grilled English Muffin, Parma Ham, Poached Eggs, Chive Hollandaise

LOWCOUNTRY FRENCH TOAST \$9

Whipped Sorghum Butter, Fresh Berry Compote

BUTTERMILK FRIED CHICKEN & BISCUITS \$12

Sausage and Peppercorn Gravy, CHOICE OF: Breakfast Potatoes or Fruit

BUILD YOUR OWN OMELETTE \$10

CHOICE OF: *Sausage, Cheddar Cheese, Tomatoes, Spinach, Bacon, Country Ham*

CHOICE OF: *Grits or Breakfast Potatoes*

STEAK & EGGS \$14*

Two Eggs, Grilled Dry Aged Flat Iron Steak, Caramelized Onions, Breakfast Potatoes

BREAKFAST CLUB SANDWICH \$11*

Scrambled Eggs, Applewood Smoked Bacon, Bacon Aioli on French Toast with French Fries or Fruit

FOR THE TABLE

GEECHIE BOY GRITS \$7

ASSORTMENT of FRESH FRUIT \$6

BREAKFAST POTATOES \$7

BUTTERMILK BISCUITS \$7

*Contains ingredients that are raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

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SOUPS & SALADS

SOUP *of the DAY* \$7
Chef's Daily Inspiration

CAESAR \$8*
Romaine Lettuce, Garlic Croutons, Parmesan

WEDGE \$8
*Bibb Lettuce, Bacon, Tomatoes,
Blue Cheese, Buttermilk Ranch*

WATERMELON SALAD \$10
*Arugula, Cucumbers, Radishes,
Mint, Local Feta, Balsamic*

SEAFOOD COBB \$16*
*Local Shrimp, Lump Crab, Bacon, Cucumber,
Tomatoes, Blue Cheese, Boiled Egg*

Add to any salad: Grilled Chicken \$6
Local Shrimp \$7 Seared Ahi Tuna \$9*

SANDWICHES & MORE

BLU'S CHEESEBURGER \$13*
*Bacon, Lettuce, Tomato, Pickled Onions,
Cheddar Cheese, Brioche Bun*

TURKEY CLUB \$11
*Bibb Lettuce, Tomato, Swiss, Bacon,
Garlic Aioli, Sourdough Bread*

MAHI FISH TACOS \$12
Cabbage, Salsa, Chili Lime Aioli

LOBSTER ROLL \$16
Celery, Onions, Herb Aioli, New England Roll

CHICKEN SANDWICH \$12
Bacon, Tomato, Pimento Cheese, Sourdough

SHRIMP & GRITS \$15
Geechie Boy Grits, Tasso Ham, Melted Pepper & Onions

FRIED FLOUNDER \$14
Coleslaw, Fries, Remoulade

CORNMEAL FRIED SHRIMP \$17
Coleslaw, Fries, Cocktail Sauce

SHARED PLATES

GUACAMOLE & HOUSE
MADE SALSA \$9
Tortilla Chips

MARGARITA
FLATBREAD \$10
*Basil Pesto, Sundried Tomatoes,
Mozzarella, Balsamic Glaze*

CALAMARI \$12
Sweet Thai Chili Sauce

CHICKEN NACHOS \$12
Fresh Salsa, Queso, BBQ

FOLLY FRIED
SHRIMP \$12
*Pickled Cabbage,
Sweet Thai Chili Sauce*

CRAB CAKES \$15*
*Street Corn, Cilantro,
Feta Chipotle Crema*

BUFFALO WINGS \$10
Celery, Buttermilk Ranch

SEARED AHI TUNA \$16*
*Seaweed Salad, Soy Sauce, Pickled
Ginger, Yum Yum Sauce*

SHRIMP BRUSCHETTA \$13
*Lemon, Pesto,
Cured Tomatoes*

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