

BREAKFAST

BLU

restaurant & bar

2017

SELECTIONS

GRANOLA PARFAIT \$5

Layered with Fresh Fruit, Flavored Yogurt and Granola

FRESH FRUIT PLATE \$5

Seasonal Fruit

SMOKED SALMON \$8

Bagel, Cream Cheese, Traditional Accompaniments

SHRIMP & STONE GROUND GRITS \$12

*Local Shrimp, Tasso Ham, Stewed Peppers
and Onions, Saffron Cream*

MISS VI'S BREAKFAST SANDWICH \$7*

Croissant stuffed with Egg any style,

CHOICE OF: *Sausage or Bacon*, CHOICE OF: *Cheese*

FRENCH TOAST *or*

BUTTERMILK PANCAKES \$8

*Topped with Fresh Berries, Whipped Cream,
served with Warm Syrup*

EGGS BENEDICT \$10*

*Poached Eggs, English Muffin,
Country Ham, Chive Hollandaise*

STEAK N EGGS \$14*

*Two Eggs, Grilled Flat Iron Steak,
Caramelized Onions, Breakfast Potatoes*

BISCUITS & GRAVY \$6

Housemade Buttermilk Biscuits, Sausage Gravy

THREE EGGS ANY STYLE \$8*

CHOICE OF: *Bacon or Sausage*

BUILD YOUR OWN OMELETTE \$10*

CHOICE OF: *Sausage, Bacon, Country Ham, Onions,
Peppers, Tomatoes, Spinach, Cheddar Cheese*

CHOICE OF: *Grits or Breakfast Potatoes*

BURRITO \$8*

Scrambled Eggs CHOICE OF: *Bacon or Sausage, Chili
Tortilla, Fresh Salsa, Sour Cream, Cheddar Cheese*

- egg whites also available -

SIDES

THICK CUT BACON \$3

SAUSAGE LINKS \$3

BUTTERMILK BISCUITS \$2

ENGLISH MUFFIN \$2

STONE GROUND GRITS \$2

BREAKFAST POTATOES \$2

CRAB CAKE \$5

YOGURT \$2

PANCAKES \$5

EGGS* \$2/per

TOAST \$2

DRINKS

COFFEE \$2.25

HOT TEA \$2.25

MILK \$2.50

JUICE \$2.95

SOFT DRINK \$2.25

SMOOTHIE \$4

*Contains ingredients that are raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.